

Feel Like  
a Goddess...

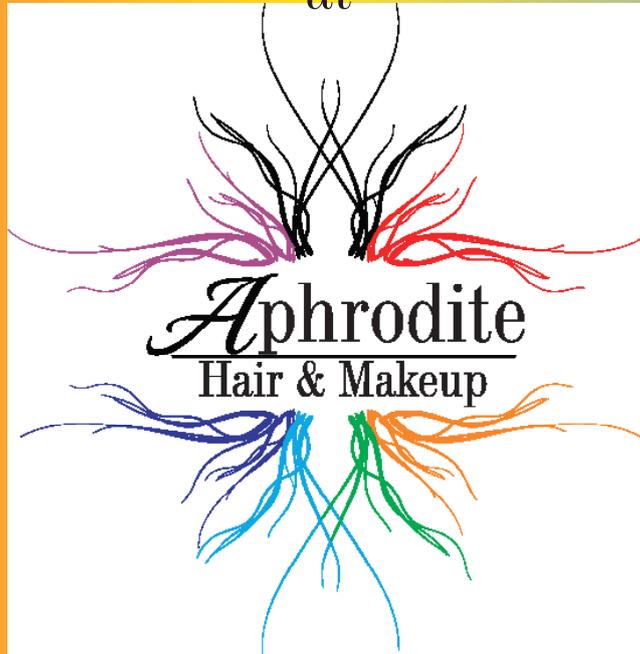


The Day Spa  
at



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at



## THE STORY BEHIND APRHODITE'S DAY SPA

Now more than ever, life is busy!  
Our daily lives are hectic and it seems we never stop.  
Too often, we put everyone else ahead of ourselves.

Aphrodite invites you to step inside, relax and breathe.  
Take some time back for yourself.

Spa and salon owner Jacqueline Hamilton knows exactly what it means to 'be rushed off your feet'. Looking after young twins and running her own business, Jacqueline knows the importance of being kind to herself.

Everyone deserves to feel like a goddess!



# Facials

## DEEP CLEANSING FACIAL

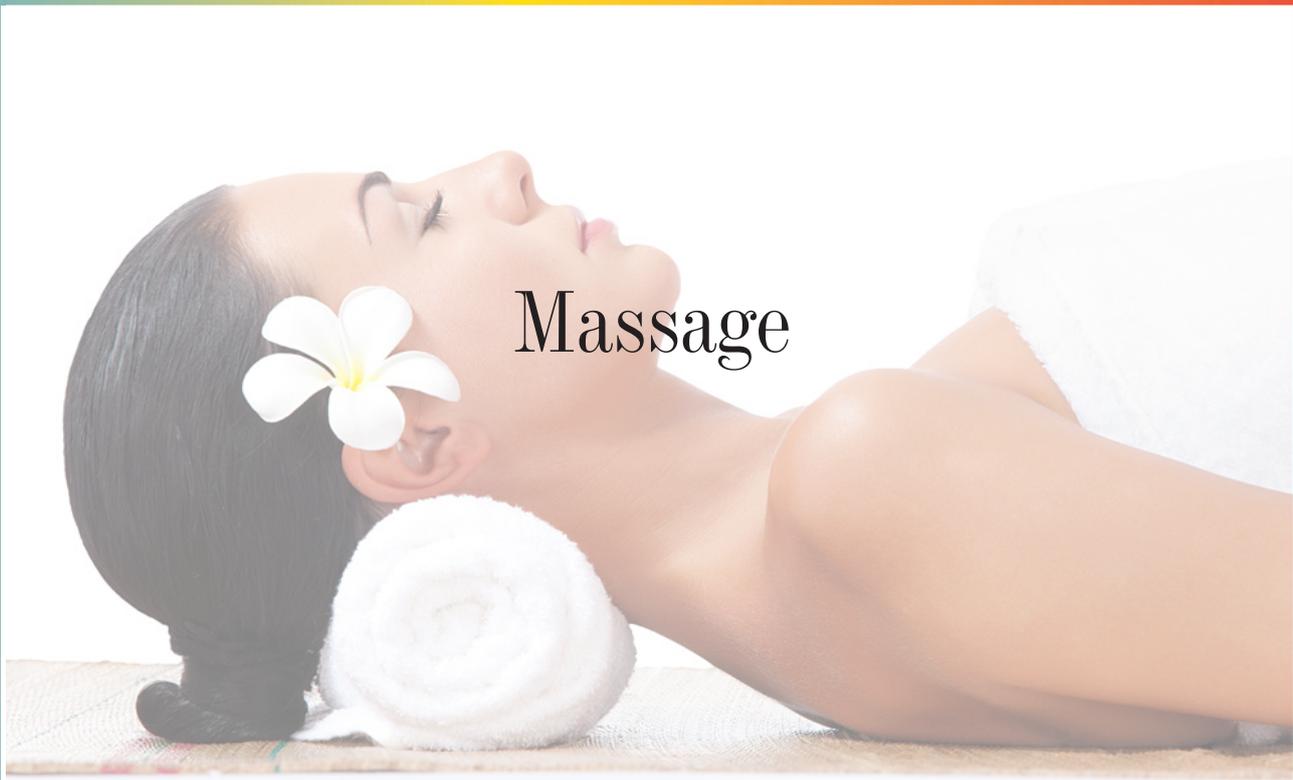
\$500 - 1 HOUR

This deep cleansing facial removes dull surface skin cells, stimulates circulation, and decongests clogged pores. It is ideal for skin that is exposed to the elements or is prone to breakouts

## EXPRESS FACIAL

\$400 - 40 MINUTES

This facial is for on the go woman that would like to take care of their skin but don't have the time. It is ideal for teenagers with young and sensitive skin. This quick facial does not include steaming and extraction but offers a refreshing and relaxed experience.



# Massage

## DEEP TISSUE MASSAGE

\$480 - 1 HOUR

This therapy is used for chronic aches and pains, as well as a stiff neck, upper back, lower back pain, leg muscles tightness and sore shoulders. This technique is used to break down tight muscles "knots". Our therapist will use her fingertips, knuckles, hands, elbows and forearms during a deep tissue massage. Breathing deeply helps you and therapist work on tight muscles.

## AROMA THERAPY MASSAGE

\$480 - 1 HOUR

Aromatherapy massage is a Swedish massage therapy using massage oil or lotion that contains essential oils. During an aromatherapy massage you absorb these essential oil molecules through your skin. This will send you into complete relaxation, and feeling renewed. Health benefits to this beautiful massage is relieve from anxiety and depression. Relieve headaches, reduce pain, Improved quality of life, particularly people with chronic health conditions. Improved sleep..

## HOT OIL INDIAN HEAD MASSAGE

\$250 - 30 MINUTES

The Therapist will drip the warm oil onto the middle of your head than use her finger tips to massage the oil into the scalp. Working her way from the roots to the ends promoting shiny and luscious locks. Once the massage is done a warm towel is wrapped around the head for 5 mins than shampoo and conditioned afterwards. Indian Massage stimulates and improve lymphatic drainage and blood flow to the neck thus helping to remove waste products from the body.

## REFLEXOLOGY FOOT MASSAGE

\$250 - 45 MINUTES

Reflexology is the art of applying pressure to the flex zones on your feet, hands, ears to affect your entire body. This therapy helps improve blood circulation, fight depression, help in relaxation, improves sleep and relieves body pains. Perfect after a tiring and stressful day to unwind.

## BACK MASSAGE

\$300 - 40 MINUTES

This massage therapy relaxes muscle tissue, which reduces painful contractions and spasms. Massage can also reduce nerve compressions. Touching the skin and applying pressure relxes muscles, tendons, and ligaments. You will feel relaxed afterwards but feel the benefits in the coming days.



# Nails, Hands & Feet

## DELUXE MANI/PEDI

\$280 / \$380 - 1 HOUR

Nail shaping, clean up, cuticle, dead skin, scrub, massage and polish

## THAI HAND/FEET TREATMENT

\$350 / \$450 - 1 HOUR

Scrub, aroma massage, mask and warm boot

## SOAK-OFF GEL NAILS

\$350 / \$450 - 1 HOUR

Removal, mani/pedi, single colour

## HARD GEL NAILS

\$380 / \$480 - 1 HOUR

Removal, mani/pedi, single colour

\* extra for full nail art - please see below

## NAIL ART

Pearl/Jewel	\$5 and up
Multicolour	\$10 each
Sticke	\$10 each
Painting	\$25 and up
Glitter Powder	\$30 set
Color Gradient	\$50 set
French	\$80 set

## OTHER NAIL SERVICES

Cut down (hand/Toe)	\$60/80
Nail Repair	\$40
Nail Polish Change	\$80
Toe Polish Change	\$100
Take Off With Full Set	\$180



# Waxing

Eyebrow	\$150
Upper lip	\$130
Underarms	\$150
Full arms	\$200
Half arms	\$180
Half leg	\$250
Full leg	\$400
Back	\$300
Chest	\$300
Full Facial	\$300
Bikini	\$250
Semi Brazilian	\$300
Brazillian	\$400



# Body Scrubs

## ORGANIC CITRUS AND PEPPERMINT SCRUB

\$600 - 1 HOUR

Sweet and zesty, this lemon and mint scrub will keep you refreshed, smooth and poolside ready all year round. This body scrub is a wonderful exfoliator and brings out the best in your skin tone. This invigorating scents will help you feel strong, healthy and full of energy.

## GINGER AND COCONUT SCRUB

\$600 - 1 HOUR

The scent of this beautiful body scrub will instantly immerse you into a deep relaxing state. Ginger acts as an antioxidant and will soften and even your skin tone and help reduce scarring. Coconut oil is an excellent skin moisturizer with long lasting smooth results.

## HONEY AND BROWN SUGAR SCRUB

\$600 - 1 HOUR

This gorgeous honey and brown sugar scrub is perfect for keeping skin vivacious and healthy. Brown sugar gives you younger and fresh looking skin and is great for post-sunburn exfoliation. Honey is trusted for its nourish and moisture benefits leaving you feeling luscious and smooth. A winning combination in Hong Kong's humid weather.